

dōTERRA®

# Alive

GLOBAL  
CONVENTION | 2015

PIP

## NEW PRODUCT INFORMATION PAGES

dōTERRA Emotional  
Aromatherapy™  
System

Douglas  
Fir

Spearmint

Ginger

Wintergreen

dōTERRA  
Touch™

dōTERRA  
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Deodorant

DigestTab™

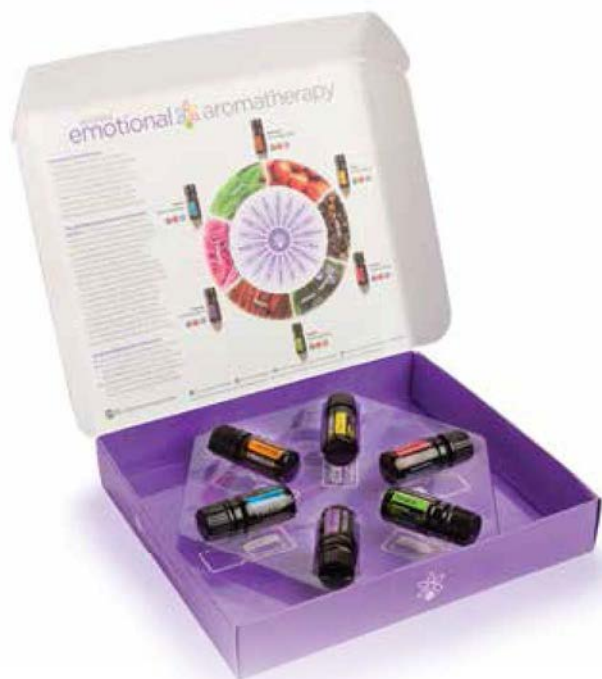
Cloud  
Diffuser

# dōTERRA Emotional Aromatherapy™ System

Six 5mL essential oil blends

# dōTERRA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade

## KIT CONTENTS

- dōTERRA Motivate™ Encouraging Blend
- dōTERRA Cheer™ Uplifting Blend
- dōTERRA Passion™ Inspiring Blend
- dōTERRA Forgive™ Renewing Blend
- dōTERRA Console™ Comforting Blend
- dōTERRA Peace™ Reassuring Blend

## Application:



## PRODUCT DESCRIPTION

The dōTERRA Emotional Aromatherapy System is a revolutionary organization of aromatic plant families around a continuum of emotions for a simple, profound approach to using fragrant essential oils in emotional aromatherapy applications. Individual essential oils can be used with great effectiveness by skilled aromatherapists. dōTERRA makes emotional aromatherapy easy and accessible for anyone dealing with common negative emotions with a new line of proprietary essential oil blends representing six categories of emotional well-being.

Each delicate blend contains pure, therapeutic-grade essential oils that can be used aromatically or topically to help balance and brighten your changing moods. Just a few drops of these naturally complex, fragrant blends can elicit profound emotional responses to help you let go of burdens, find comfort and encouragement, or inspire you to dream with passion again.

## DIRECTIONS FOR USE

- Use aromatically in an essential oil diffuser.
- Apply 1 or 2 drops in your palms, rub hands together, cup in front of your nose, and inhale deeply (do not touch eyes).
- Dilute and apply topically to aromatherapy touch points such as the back of the neck, on the wrists, and over the heart.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## dōTERRA Emotional Aromatherapy Kit

Six 5mL Essential Oil Blends

Part Number: 21140001

Wholesale: \$159.00

Retail: \$212.00

PV: 150



# dōTERRA Cheer™

Uplifting Blend 5mL

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PRODUCT INFORMATION PAGE



**CP** TG Certified Pure Therapeutic Grade®

#### Application:



#### Ingredients:

Wild Orange Peel, Clove Bud, Star Anise Fruit/Seed, Lemon Myrtle Leaf, Nutmeg Kernel, Vanilla Bean Extract, Ginger Rhizome, Cinnamon Bark, Zdravetz Herb

**Aromatic Description:** Fresh, spicy, warm

### PRIMARY BENEFITS

- Promotes feelings of optimism, cheerfulness, and happiness
- Counteracts negative emotions of feeling down, blue, or low

#### dōTERRA Cheer™

Uplifting Blend 5 mL

Part Number: 31720001

Wholesale: \$25.00

Retail: \$33.33

PV: 25.00



### PRODUCT DESCRIPTION

Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life, right? But, sometimes no amount of positive self-talk is enough to avoid the blues. dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a cheerful boost of happiness and positivity when you are feeling down. Its sunshiny, fresh, optimistic aroma will brighten any moment of your day.

### USES

- Diffuse at home, work, or school to promote a positive, uplifting environment
- Apply to a cotton ball or terra cotta plate and place in car to experience dōTERRA Cheer's energizing aroma while driving
- When feeling down, apply one drop to hands, rub together, and inhale deeply as needed throughout the day

### DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

# dōTERRA Console™

Comforting Blend 5mL

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PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

## Application:



## Ingredients:

Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum Leaf/Stalk, Amyris Bark, Sandalwood Wood, Rose Flower, Osmanthus Flower

**Aromatic Description:** Sweet, musky, floral

## PRIMARY BENEFITS

- Promotes feelings of comfort and hope
- Counteracts negative emotions of grief, sadness, and hopelessness

## dōTERRA Console™

Comforting Blend 5 mL

Part Number: 31730001

Wholesale: \$37.00

Retail: \$49.33

PV: 37.00



## PRODUCT DESCRIPTION

Losing something or someone you love can be deeply disorienting and painful. Words unspoken and questions unanswered may keep you worried and unsettled. dōTERRA Console Comforting Blend of floral and tree essential oils will help you close the door on sadness and take your first steps on a hopeful path toward emotional healing. Bind your broken heart with Console Comforting Blend.

## USES

- Diffuse during times of loss to comfort the soul and evoke feelings of hope
- Apply over the heart morning and night as a reminder to be patient with healing and to think positive thoughts
- Apply one to two drops to a shirt collar or scarf and smell throughout the day to ward off feelings of grief and sadness

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



# dōTERRA Forgive™

Renewing Blend 5mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

#### Application:



#### Ingredients:

Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb

**Aromatic Description:** Herbaceous, fresh, woody

### PRIMARY BENEFITS

- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt

#### dōTERRA Forgive™

Renewing Blend 5 mL

Part Number: 31750001  
Wholesale: \$20.00  
Retail: \$26.67  
PV: 20.00



### PRODUCT DESCRIPTION

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, dōTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows relieved and contented with Forgive Renewing Blend.

### USES

- Diffuse when meditating to help release harboring feelings of anger and guilt
- Apply to pulse points and heart throughout the day to feel grounded and content
- Have dōTERRA Forgive on hand throughout the day to counteract negative emotions that may arise from undesirable situations

### DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Dilute one to two drops with dōTERRA Fractionated Coconut Oil then apply to desired area. See additional precautions below.

### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

# dōTERRA Motivate™

Encouraging Blend 5mL

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PRODUCT INFORMATION PAGE



 Certified Pure Therapeutic Grade

#### Application:



#### Ingredients:

Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean

**Aromatic Description:** Fresh, Clean, Minty

## PRIMARY BENEFITS

- Promotes feelings of confidence, courage, and belief
- Counteracts negative emotions of doubt, pessimism, and cynicism

#### dōTERRA Motivate™

Encouraging Blend 5 mL

Part Number: 31740001

Wholesale: \$23.00

Retail: \$30.67

PV: 23.00



## PRODUCT DESCRIPTION

Are you frustrated at work? Have setbacks in spite of your best efforts shaken your confidence? Or has misplaced trust left you cynical more often than your best self should be? Then stop, reset, and restart with dōTERRA Motivate Encouraging Blend of mint and citrus essential oils. dōTERRA Motivate will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar—you can do it!

## USES

- Apply to shirt collar before giving a speech to instill feelings of confidence
- Diffuse when working on a project at work or school to stay motivated
- Apply to pulse points before participating in sporting events or other competitions

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

# dōTERRA Passion™

Inspiring Blend 5mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

## Application:



## Ingredients:

Fractionated Coconut Oil, Cardamom Seed, Cinnamon Bark, Ginger Rhizome, Clove Bud, Sandalwood Wood, Jasmine Flower, Vanilla Bean, Damiana Leaf

**Aromatic Description:** Spicy, Warm, Rich

## PRIMARY BENEFITS

- Ignites feelings of excitement, passion, and joy
- Counteracts negative feelings of boredom and disinterest

## dōTERRA Passion™

Inspiring Blend 5 mL

Part Number: 31760001

Wholesale: \$42.00

Retail: \$56.00

PV: 42.00



## PRODUCT DESCRIPTION

Have you lost your why, your mojo, your passion? Too much of even a good thing can become predictable and boring over time. dōTERRA Passion Inspiring Blend of spice and herb essential oils will help you rekindle excitement in your life. Jump out of an airplane, dive into an ocean, or try something really scary like dancing. With dōTERRA Passion, you will find the daring to try something new, as well as discover renewed joy for the current blessings in your life.

## USES

- Diffuse in the morning to start the day feeling energized and enthusiastic
- Apply to pulse points and heart throughout the day to feel inspired and passionate
- Diffuse at work to spark creativity, clarity, and wonder

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

# dōTERRA Peace™

Reassuring Blend 5mL

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PRODUCT INFORMATION PAGE



 Certified Pure Therapeutic Grade®

#### Application:



#### Ingredients:

Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Leaf/Stalk, Spearmint Herb

**Aromatic Description:** Sweet, rich, minty

### PRIMARY BENEFITS

- Promotes feelings of peace, reassurance, and contentment
- Counteracts anxious and fearful emotions

#### dōTERRA Peace™

Reassuring Blend 5 mL

Part Number: 31710001

Wholesale: \$28.00

Retail: \$37.33

PV: 28.00



### PRODUCT DESCRIPTION

Are life's anxious moments leaving you feeling overwhelmed and afraid? dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace. Slow down, take a deep breath, and reconnect with the composed, collected you. Everything turning out fine begins with believing it will—and a few drops of Peace Reassuring Blend.

### USES

- Diffuse at night time to promote a calming environment and restful sleep
- When experiencing anxious feelings, apply one drop to hands, rub together, and inhale deeply
- Diffuse or inhale before taking a test, presenting to a large group, or in times of worry or distress
- To calm an upset or restless child, apply to bottoms of feet

### DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



# Douglas Fir

*Pseudotsuga menziesii* 5mL

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PRODUCT INFORMATION PAGE



**CP** TG Certified Pure Therapeutic Grade®

## Application:



**Plant Part:** Branch/Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Clean, Fresh, Woody, Airy

**Main Chemical Components:** B-pinene, a-pinene, 3-carvone, sabinene

## PRIMARY BENEFITS

- Promotes feelings of clear airways and easy breathing
- Cleansing and purifying to the skin
- Promotes a positive mood and sense of focus

## Douglas Fir

*Pseudotsuga menziesii* 5 mL

Part Number: 31590001

Wholesale: \$22.50

Retail: \$30.00

PV: 22.5



## PRODUCT DESCRIPTION

Douglas Fir is a conifer that grows natively throughout North America. This tall, evergreen fir tree is frequently used in the Christmas tree industry and has a lemon-scented note that's sweet and refreshing. dōTERRA Douglas Fir essential oil is sustainably sourced from young trees in New Zealand, where it is a highly invasive species threatening the country's ecosystem. By harvesting the young Douglas Fir trees and using them for essential oil, dōTERRA is helping to combat the environmental impact of the trees overtaking the land while providing a premium conifer essential oil. Douglas Fir has a unique chemical composition that's particularly rich in beta-pinene, contributing to its ability to promote feelings of clear airways. Douglas Fir can also be used to purify the skin and promote a positive mood. Blending Douglas Fir with citrus oils will create an uplifting environment while freshening the air.

## USES

- Combine Douglas Fir with Wild Orange, Lemon, or Bergamot in a diffuser to freshen the air, uplift mood, and promote a sense of focus
- Add 1 drop to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma
- Diffuse 2–3 drops Douglas Fir with 2–3 drops Eucalyptus, or rub into hands and inhale deeply to promote feelings of clear airways and easy breathing
- Combine with 1-2 drops of Wintergreen for a relaxing massage experience

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

# Spearmint

*Mentha spicata* 15mL

dōTERRA

PRODUCT INFORMATION PAGE



 Certified Pure Therapeutic Grade

## Application:



**Plant Part:** Plant

**Extraction Method:** Steam distillation

**Aromatic Description:** Sweet, minty, fresh

**Main Chemical Components:** Carvone, limonene, 1, 8-cineole,  $\beta$ -myrcene

## PRIMARY BENEFITS

- Promotes digestion and helps reduce occasional stomach upset\*
- Promotes a sense of focus and uplifts mood
- Cleanses the mouth and promotes fresh breath

## Spearmint

*Mentha spicata* 15 mL

Part Number: 31610001

Wholesale: \$29.00

Retail: \$38.67

PV: 29



## PRODUCT DESCRIPTION

Spearmint is a perennial plant that grows 11–40 inches tall and flourishes in temperate climates. It is widely used in gums, candies, and dental products for its minty taste, and to promote fresh breath. Spearmint has been used for centuries for its digestive benefits. Its sweet, refreshing aroma is cleansing and uplifting, making it ideal to evoke a sense of focus and positive mood. Spearmint is very different from Peppermint, making it a milder option to use on children and those with sensitive skin. In cooking, Spearmint is frequently used in salads, drinks, and desserts, but it can also be used in homemade salad dressings and to marinate meats.

## USES

- Diffuse to uplift mood
- Apply to toothbrush before brushing teeth for fresh breath
- Add a drop or two to any dessert, drink, salad, or entrée for flavoring and to promote digestion\*
- For occasional stomach upset, add 1–2 drops to water and drink\*

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Ginger

*Zingiber officinale* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CP** **PTG** Certified Pure Therapeutic Grade®

**Application:** **Plant Part:**  
**A T I S** Root

**Extraction Method:**  
Steam distillation

**Aromatic Description:**  
Hot, spicy, earthy, sweet

**Main Chemical Components:**  
 $\alpha$ -zingiberene, sesquiphellandrene

## PRIMARY BENEFITS

- May help to support healthy digestion\*
- May help to reduce bloating, gas, and occasional indigestion\*
- May help reduce occasional nausea\*

## Ginger

*Zingiber officinale* 15 mL

Part Number: 31630001

Wholesale: \$39.00

Retail: \$52.00

PV: 39.00



## PRODUCT DESCRIPTION

Newly sourced from Madagascar, dōTERRA Ginger Essential Oil is derived from the fresh rhizome of the ginger plant—the subterranean stalk of a plant that shoots out the root system. A featured ingredient in many Asian dishes, Ginger has a hot, fragrant flavor when used as a kitchen spice. In Western tradition, Ginger is most often used in sweets—gingerbread and ginger snaps being two examples. Studies have been conducted on Ginger for its common effect on joint health;\* however, Ginger is best known as a digestive aid and for helping to ease occasional indigestion and nausea\*. Ginger essential oil can also be applied topically or inhaled to help reduce feelings of nausea.\*

## USES

- During a long car ride, diffuse or place a drop of ginger in the palm of your hand and inhale
- Apply over lower abdomen for a soothing massage
- Use Ginger essential oil in your favorite sweet and savory dishes

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

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# Wintergreen

*Gaultheria fragrantissima*

dōTERRA

PRODUCT INFORMATION PAGE



 Certified Pure Therapeutic Grade

## Application:



**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Sweet, minty, refreshing

**Main Chemical Components:**

Methyl salicylate

## PRIMARY BENEFITS

- Great for a warming soothing massage after exercise
- Has a refreshing aroma that's uplifting and stimulating
- Frequently used in gum, candy, and toothpaste for flavoring

## Wintergreen

*Gaultheria fragrantissima* 15 mL

Item Number: 31620001

Wholesale: \$19.00

Retail: \$25.33

PV: 19



## PRODUCT DESCRIPTION

Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas. The main chemical component in Wintergreen, methyl salicylate, is used in topical creams and massage blends because of its soothing properties. In fact, Wintergreen and Birch are the only plants in the world that contain methyl salicylate naturally. As a flavoring, small amounts of Wintergreen are used in candies, toothpaste, and chewing gum. When diffused, Wintergreen has a refreshing aroma that's uplifting and stimulating. Through dōTERRA's Co-Impact Sourcing™ initiative, our new source of Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community-owned distillation facilities. This process creates increased economic opportunity for very remote regions in rural Nepal.

## USES

- Wintergreen has a warming effect when applied to skin and is excellent to use as a soothing massage. A little goes a long way, so use sparingly and dilute with Fractionated Coconut Oil to minimize any skin sensitivity.
- For a soothing bath, add 1–2 drops of Wintergreen essential oil to warm bath water.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Not for internal use. Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

# dōTERRA TOUCH™

9ml Roll-Ons

# dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade

## Application:



## KIT CONTENTS

- dōTERRA Breathe™
- Deep Blue®
- DigestZen®
- Frankincense
- Lavender
- Melaleuca
- dōTERRA On Guard®
- Oregano
- Peppermint

### dōTERRA TOUCH Kit

9ml Roll-Ons

Part Number: 21190001

Wholesale: \$169.00

Retail: \$225.33

PV: 160

## PRODUCT DESCRIPTION

Striking the proper balance between protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, but also of art. dōTERRA Touch™ has achieved that balance. Featuring nine of our most popular oils in a base of Fractionated Coconut Oil, dōTERRA Touch makes application simple with 9mL roll-ons. It is ideal for children and adults. They're ready to use so that you can start benefiting from essential oils immediately. Enjoy the convenience and benefits of dōTERRA Touch!

## DIRECTIONS FOR USE

**Topical use:** Apply to touch points such as the back of the neck, wrists, and feet. No dilution required.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



# dōTERRA Breathe™ Vapor Stick

dōTERRA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

## PRIMARY BENEFITS

- Maintains feelings of clear airways and easy breathing
- Quick, convenient delivery system
- Provides a cooling, soothing effect both topically and aromatically

### Breathe Vapor Stick

12.5 g/0.4 oz

Part Number: 34290001

Wholesale: \$8.50

Retail: \$11.33

PV: 5

## PRODUCT DESCRIPTION

Enjoy the convenience, quick absorption, and smooth application of dōTERRA Breathe™ Vapor Stick. This unique delivery method of dōTERRA Breathe™ essential oil blend can be used anytime, anywhere to promote feelings of clear airways and easy breathing. The natural formula of this vapor stick glides on the skin with ease, without leaving a greasy or sticky after-feel. The power of dōTERRA Breathe™ essential oil blend can be felt immediately, providing a cooling effect both topically and aromatically.

The small and convenient package of dōTERRA Breathe™ Vapor Stick is perfect for traveling, and only a small amount is needed to feel its immediate effects. The vapor stick works in conjunction with the other dōTERRA Breathe™ products, providing powerful respiratory support for you and your family.

## DIRECTIONS FOR USE

Apply to chest and neck area as needed to soothe airways.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under doctor's care, consult your physician. Avoid sunlight or UV rays for up to 12 hours after applying.

## Ingredients:

Isoamyl Laurate, Octyldodecanol, *Eucalyptus globulus* (Eucalyptus) Leaf Oil, *Laurus nobilis* (Laurel) Leaf Oil, *Mentha piperita* (Peppermint) Oil, Menthol, *Melaleuca alternifolia* (Melaleuca) Leaf Oil, *Citrus limon* (Lemon) Peel Oil, Dibutyl Lauroyl Glutamide, Isoamyl Cocoate, Dibutyl Ethylhexanoyl Glutamide, *Ravensara aromatica* (Ravensara) Leaf Oil, Phytosteryl/Octyldodecyl Lauroyl Glutamate, *Elettaria cardamomum* (Cardamom) Seed Oil



**CPTG** Certified Pure Therapeutic Grade®

### Ingredients:

Beeswax, *Cocos nucifera* (Coconut) Oil, Coco-Caprylate, *Zea mays* (Corn) Starch, Triethyl Citrate, *Copernicia cerifera* (Carnauba) Wax, *Cupressus sempervirens* (Cypress) Oil, *Melaleuca alternifolia* (Melaleuca) Leaf Oil, *Juniperus virginiana* (Cedarwood) Wood Oil, *Citrus aurantium bergamia* (Bergamot) Fruit Oil, *Salvia officinalis* (Sage) Oil, *Butyrospermum parkii* (Shea) Butter, Sodium Caproyl/Lauroyl Lactylate

## PRIMARY BENEFITS

- Cypress, Melaleuca, Cedarwood, and Bergamot (FCF) essential oils provide purifying benefits, helping to reduce underarm odor
- Beeswax provides a protective barrier while allowing skin to breathe and contributes to the product's smooth application
- Coconut oil contains fatty-acids, known for their nourishing properties and ability to keep skin smooth and healthy
- Shea butter hydrates skin without leaving a greasy after-feel
- Free of alcohol, aluminum, parabens, and artificial colors and fragrances

## PRODUCT DESCRIPTION

dōTERRA Natural Deodorant is an all-natural formula infused with Cypress, Melaleuca, Cedarwood, and Bergamot essential oils to create an effective, odor-fighting product for both men and women. These powerful essential oils inhibit underarm odor while leaving a fresh, clean scent. Known for their protective and skin-nourishing properties, beeswax and coconut oil make this unique formula glide on easily for a smooth application. Shea butter hydrates skin and absorbs quickly, contributing to the products non-greasy, light feel. dōTERRA Natural Deodorant is a safe, natural option for preventing odor throughout the day.

## DIRECTIONS FOR USE

Apply to underarms only, as needed. Store at room temperature.

## CAUTIONS

For topical use only. If irritation occurs, discontinue use.

### Natural Deodorant

50 g/1.7 oz

Part Number: 37420001

Wholesale: \$8.50

Retail: \$11.33

PV: 5

# DigestTab™

## Dietary Supplement

### Digestive Support Essential Oil Blend with Calcium Carbonate

#### PRODUCT DESCRIPTION

DigestZen is one of dōTERRA's most popular blends due to its ability to aid in digestion, soothe occasional stomach upset, and maintain overall digestive health.\* Now this incredibly effective blend is available in a convenient chewable tablet. DigestTab is a calcium carbonate tablet infused with DigestZen Digestive Blend to deliver the benefits of digestion—supportive essential oils as well as the acid—neutralizing benefits of calcium carbonate.\*

#### CONCEPT

##### **Calcium Carbonate**

Calcium carbonate, which comes from natural mineral sources, helps maintain stomach acid balance by neutralizing excess acid in the stomach.\* This helps relieve the discomfort caused by occasional acidity such as heartburn, indigestion, and flatulence.\* This specially designed calcium carbonate is less chalky than many similar products on the market and much easier to chew and swallow.

##### **DigestZen Essential Oil Blend**

This unique blend contains Ginger, Fennel, and Coriander to help ease occasional stomach discomfort, including motion sickness and indigestion, while Peppermint, Tarragon, Anise, and Caraway aid with digestion and help maintain a healthy gastrointestinal tract.\* DigestZen is a healthy, natural, and gentle way to soothe an occasional upset stomach or maintain a healthy digestive system.\*

#### PRIMARY BENEFITS

- Specifically designed for individuals with sensitive stomachs.
- Combines the unique digestive benefits of calcium carbonate along with pure essential oils from plants traditionally known for providing soothing support to the gastrointestinal tract, including Ginger, Peppermint, Caraway, Coriander, and Anise.\*
- A unique and powerful synergistic blend of natural ingredients designed to relieve occasional heartburn and indigestion, while promoting the overall health of the gastrointestinal tract.\*



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- Use with or between meals as needed, for relief from occasional stomach upset, indigestion, and heartburn.\*
- Helps relieve occasional sour stomach.\*
- Provides relief from the uncomfortable burning of occasional acid indigestion and helps reduce unwanted belching and bloating.\*

## DIRECTIONS FOR USE

Chew 1 tablet as needed up to six times daily.

## CAUTIONS

Keep out of reach of children. Do not use with other acid reducers. Ask a doctor or pharmacist before use if you are taking a prescription drug.

## FAQs

Q: Is DigestTab™ safe to take every day?

A: Yes, DigestZen® is safe to take every day and there should be no safety concerns as long as the suggested use is followed.

Q: Can I take more than the recommended dosage?

A: Although DigestTab™ is safe and effective for soothing occasional heartburn and indigestion, we always recommend that you follow the suggested use on our labels. Consult with your qualified healthcare provider if you want to take more than the suggested use, or if you have any questions regarding your individual condition.

Q: How quickly can I expect to feel the benefits?

A: Typically, the benefits of DigestTab will be experienced within 30 minutes after consumption, although each individual is different and results may vary.

Q: Can I take DigestTab with other DigestZen products such as Zendocrine or DigestZen Softgels?

A: Yes, there should be no problem taking DigestTab with other DigestZen products.

Q: Is it GMO and gluten-free?

A: Yes, DigestTab is GMO and Gluten Free.

Q: Is DigestTab vegetarian-friendly?

A: Yes, DigestTab is considered vegetarian-friendly.

Q: How many drops of DigestZen oil blend are in each tablet?

A: Half of one drop.

## COMPLEMENTARY PRODUCTS

- DigestZen Digestive Blend
- PB Assist® +
- GX Assist®
- dōTERRA Daily Nutrient Pack™

## KEY STUDIES

P. N. Maton and M. E. Burton, "Antacids revisited: a review of their clinical pharmacology and recommended therapeutic use," *Drugs*, vol. 57, no. 6, pp. 855–870, Jun. 1999.

S. K. Lam, "Antacids: the past, the present, and the future," *Baillieres Clin. Gastroenterol.*, vol. 2, no. 3, pp. 641–654, Jul. 1988.

M. Robinson, S. Rodriguez-Stanley, P. B. Miner, A. J. McGuire, K. Fung, and A. A. Ciociola, "Effects of antacid formulation on postprandial oesophageal acidity in patients with a history of episodic heartburn," *Aliment. Pharmacol. Ther.*, vol. 16, no. 3, pp. 435–443, Mar. 2002.

M. Valussi, "Functional foods with digestion-enhancing properties," *Int J Food Sci Nutr*, vol. 63 Suppl 1, pp. 82–89, Mar. 2012.

"Herbal remedies for dyspepsia: peppermint seems effective," *Prescrire Int*, vol. 17, no. 95, pp. 121–123, Jun. 2008.

J. Freise and S. Köhler, "[Peppermint oil-caraway oil fixed combination in non-ulcer dyspepsia--comparison of the effects of enteric preparations]," *Pharmazie*, vol. 54, no. 3, pp. 210–215, Mar. 1999.

## Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Amount Per Serving		%DV
Calcium (as Calcium Carbonate)	200 mg	20%
DigestZen® Digestive Blend	30 mg	**
Ginger ( <i>Zingiber officinale</i> ) Root Oil		**
Peppermint ( <i>Mentha piperita</i> ) Plant Oil		**
Caraway ( <i>Carum carvi</i> ) Seed Oil		**
Coriander ( <i>Coriandrum sativum</i> ) Seed Oil		**
Anise ( <i>Illicium verum</i> ) Seed Oil		**
Tarragon ( <i>Artemisia dracunculus</i> ) Plant Oil		**
Fennel ( <i>Foeniculum vulgare</i> ) Seed Oil		**

Percent DV based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

Other ingredients: Xylitol, Isomalt, Acacia Gum, Silica, Magnesium Stearate, Stevia Leaf Extract.

### DigestTab™

100 Tablets

Part Number: 34380001

Wholesale: \$14.00

Retail: \$18.67

PV: 10



# dōTERRA Cloud™ Diffuser

PRODUCT INFORMATION PAGE



## PRODUCT DESCRIPTION

dōTERRA Cloud™ is a waterless diffuser that quickly permeates dōTERRA CPTG® essential oils into the air, creating an intensely aromatic experience. This small yet highly durable diffuser is exclusive to dōTERRA and contains state-of-the-art, patent-pending technology that provides substantial mist diffusion with minimal noise output. dōTERRA Cloud has three customized settings, allowing the user to adjust the mist output, run time, and pause time. Additional features include an LED optional night light, a sturdy maple wood base, and a compact design that takes up minimal counter space. The dōTERRA Cloud Diffuser quickly extracts essential oils straight from the bottle, covering up to 600 square feet and filling a room with the aroma of pure essential oils for up to six hours. Immerse yourself in the benefits of aromatherapy with the dōTERRA Cloud Diffuser.

## PRODUCT FEATURES

- Utilizes a micro air pump and patent-pending technology
- Diffuses straight oil (no water needed)
- Optional LED white light
- Maple wood base
- Three customized settings for mist output, run time, and pause time
- Working Hours: 1, 2, 3, 4, 5, 6
- Run timer 1 to 10 min
- Pause timer 1 to 10 min
- Covers 600 sq. ft.
- Additional 2-pack of oil holder nozzles available separately

### Cloud Diffuser

Part Number: 33330001  
Wholesale: \$89.95  
Retail: \$119.93  
PV: 40.00

### Oil Holder Nozzle 2-pack

Part Number: 33330000  
Wholesale: \$9.50  
Retail: \$12.67  
PV: 0







# CPTG Certified Pure Therapeutic Grade®

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For individuals who care about improving their health and that of their loved ones, we provide simple, safe, and empowering solutions that enhance well-being.

Our pure essential oils are revolutionizing the way families manage their health. We harness nature's most powerful properties and share these gifts through our global community of Wellness Advocates.

Every batch of dōTERRA essential oil is put through our strict CPTG Certified Pure Therapeutic Grade® quality control process. We guarantee a consistent, safe standard of quality in each bottle of dōTERRA essential oil.